

Since 2001, Astres Foundation has been developing projects, programs and services aiming at providing the necessary support to people with intellectual disabilities (PwID) and/or mental disorders (PWMD) to improve their autonomy and independent life. The entity is registered in the Register of Foundations of the Generalitat de Catalunya with the number 1648.

“Accompanying and supporting people with intellectual disabilities and/or mental health disorders.”



Mission Provide support and resources to people with intellectual disabilities and people with mental disorders, encouraging them to enjoy a full and independent life, with equal opportunities and guaranteeing respect for their rights. We use a preventive approach, that is also community based, person centred, comprehensive and inclusive.

Housing Services

Residential Action

- Residence
- Home Residence



Independent Life

- Housing for inclusion
- SAVI - Support and Accompaniment for Independent Living



Day Care

- CO - Occupational Center



Support to Families

- Psychological attention.
- Family support groups.

Personal support

- Right to sexuality.
- Supported decision-making.

International Projects



Support in decision making in the area of sex affectivity. *Financed by Erasmus+*



Piloting of Good Deals. *With Plena Inclusion*