

HOMESHARING INTERGENERATIONAL PROGRAMME *VIURE I CONVIURE*

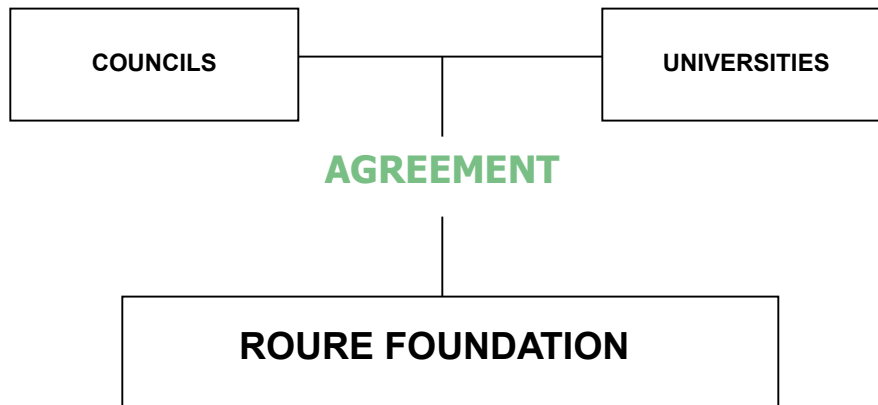


GOALS



- To propose active measures to solve the problem of loneliness among the elderly
- To offer students alternative accomodation solutions

AGREEMENTS



PROFESSIONALS PARTICIPATING

ROURE
FOUNDATION

PSYCHOLOGISTS

In coordination with

SOCIAL WORKER
FROM COUNCIL

FAMILIES

MEDICAL CENTERS
SOCIAL WORKERS



REQUIREMENTS FOR THE UNIVERSITY STUDENTS

- 1 People under 35.**
- 2 Studying at University.**
- 3 Studying away from their home town.**
- 4 Without a full-time job.**
- 5 We value personal characteristics such as motivation, self-discipline, lifestyle and free time.**
- 6 Willing to give and take.**



REQUIREMENTS FOR THE SENIORS

- 1 People over 60.
- 2 Mostly living alone.
- 3 Without severe physical or mental disability.
- 4 With a home in good condition.
- 5 Willing to share their living space.





PROCESS

STUDY, SELECTION
INTERVIEWS
AND COHABITATION
PROPOSALS

FORMATION OF PAIRS FOR COHABITATION

INTRODUCTIONS

In the elderly's House, with student and the psychologist

INITIAL COHABITATION
PRE-AGREEMENT SIGNATURE

The trial month. Weekly follow-up work

CONTINUITY
COHABITATION AGREEMENT
SIGNATURE

Monthly follow-up work. The agreement ends when the academic course finishes

PROGRAMME BENEFITS

SENIORS

- **Peace of mind of the families.**
- **Social and emocional relationships are reinforced, improving their emotional health**
- **Improvement of the quality of life thanks to some contributions by the students. (medication control, accompaniments to do the shopping,etc...The students will never have the rol of a carer).**
- **Stereotypes are broken by older people, who see youth with more tolerance.**

PROGRAMME BENEFITS

STUDENTS

- **Enables young people with few resources to live in Barcelona to study at university.**
- **Intergenerational exchange leads to personal growth of the students participating in the program.**
- **The program helps improve the students' academic performance.**
- **Stereotypes are broken by Young people, who no longer see old age as an inactive and unproductive stage of life.**
- **There is also an intercultural exchange for the foreign students.**

WHAT DOES "VIURE I CONVIURE" ACHIEVE?

- **Enables understanding and communication between generations**
- **Increases life quality**
- **Provides new vitality for seniors**
- **Increases the sense of being useful and also solidarity among seniors.**
- **Enables the seniors to remain more years at home**
- **Increases the sense of responsibility of students**
- **Promotes interchange between different cultures and generations**